



The Birds and



the Bees with Ease!™



Where do babies come from? Babies come from a special place inside the woman's body called the uterus (or womb). It is like a nest that every woman has inside her body.



How do they get out? Babies are born through a special opening between the mother's legs called the birth canal or vagina (part of the female's private body parts). If the baby cannot be born through the birth canal, the doctors give the mother some numbing medicine at the hospital, make an opening on the outside of her abdomen, and the baby is brought out that way. Then it gets closed up again like a zipper! This called being born by C Section.



How are babies made? Imagine a puzzle with two pieces. One piece comes from the father's body, called the sperm, and other piece is inside the mother's body, called the egg. If these two pieces come together inside the mother's body a baby may start to grow.



How does the sperm get to the egg? What is SEX? Sex is the way adult (married) couples make babies and show their love for each other. (The word "sex" can also mean whether you are a boy or girl.) Adult bodies were designed to fit together: the man's penis fits into the woman's vagina. This behavior is called sexual intercourse. While this private behavior is happening, the man's sperm leaves his body through his penis and goes inside the woman's body. If the sperm and the egg join together inside the woman's body and everything is just right, a baby will start to grow in the woman's uterus. Sex also gives adult (married) people warm and fuzzy feelings that they share with each other.



Be sure to include your family's principles and values (marriage, religion, responsibility, choices, etc.) when addressing this special topic as you stress that SEX is an adult behavior.

REMIND YOUR CHILD THAT THIS IS PRIVATE INFORMATION
THAT WE SHARE ONLY WITH PEOPLE WE TRUST.